

Weare Middle & Center Woods Upper Elementary
NEWSLETTER
Issue #5 / October 22, 2021

We're scheduling parent-teacher conferences the week of November 8-19. Teachers are preparing materials to share with you about your students' progress. Meetings are approximately 15 minutes long and will take place via Zoom or via telephone.

Look for information from your child's classroom teacher about how to schedule a time with them.

At the meeting you'll spend time on an overview of your child's performance, review available assessment data, and collaborate about goals for your child. As always, teachers look forward to collaborating with you about your concerns and your child's growth.

Your administration team,
Mrs. Hilliard, Mr. Matzke & Mr. Morrill

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Knights of Columbus Coat Drive

Before you know it, colder weather will be upon us!

The Knights of Columbus are preparing for their annual coat drive! If you are in need of outdoor winter gear (coat, boots, snow pants) please contact the Health Office, marcia.magdziarz@sau24.org.

The nurse's office is always looking for donations of clothing and outside winter gear. Please consider donating your outgrown winter items to the school. Thank you.

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PUP Default Plans

[WMS/CWUES Pickup Patrol Default Plans](#)

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Superintendent's office hours

These Zoom office hours will be held on the third Thursday of each month at alternating times of noon or 6 PM. To learn more about what is happening in the Henniker, Weare, John Stark, and Stoddard School Districts and to ask questions, please join SAU 24 Superintendent Jacqueline

Coe via Zoom @<https://bit.ly/2Yx51YJOfficeHours> Meeting ID: 821 4229 1994 Passcode: 225191 or Join by phone @ (US) +1 240-623-0475 PIN: 538 949 965#.


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From the Special Education Department



The month of October is notable for a number of reasons. Between the changing colors of the leaves, the sudden availability of pumpkin spice flavor in everything around us, and of course Halloween, many people find something to enjoy during this month. Although it may be less widely known, October also provides us with a chance to raise public awareness and advocate for acceptance and inclusion of individuals with Down syndrome as October is also notable for being Down Syndrome Awareness Month. Down syndrome is one of the most common conditions involving chromosomes and so it is important that we help spread the message of love, acceptance, inclusion, and respect when we have the opportunity to do so. Down syndrome is a condition in which a person is born with an extra chromosome which changes how the individual's body and brain develops. This condition occurs in approximately one out of every 700 births and it occurs regularly in both sexes and across socioeconomic classes.

October was first designated as Down Syndrome Awareness Month in the 1980s and has been recognized in October ever since. It is a time to celebrate people with Down syndrome and make others aware of their abilities and accomplishments. Individuals with Down syndrome have similar dreams and goals as everyone else and their interests and friendships are as broad and varied as their personalities.

So how can we spread awareness about Down syndrome and help to foster inclusion and understanding in our school? A good first step is to help our students learn more about this topic. There are many resources available online, but I have included a few links to some national organizations. (<https://www.nads.org/>; <https://www.ndss.org/>; <https://www.ndscenter.org/>) There are also informational videos such as  **More Alike Than Different** which can be a good tool to help our students become more knowledgeable about Down syndrome. With increased awareness, we can all continue to work to help break down barriers and support all of our students both here at school and out in the community.

Ms. Gamache (Director of Special Education for CWUES/WMS)

Notes from the School Counselors

Social-emotional learning, or SEL, is an essential component of student learning. According to CASEL (Collaborative for Academic, Social, and Emotional Learning), social-emotional learning

is a proactive and preventative process through which children and adults acquire and apply the knowledge, attitudes, and skills needed to understand and manage emotions, set and achieve positive goals, feel and show empathy, establish and maintain positive relationships, and make responsible decisions. It supports and promotes positive mental health and has been proven to reduce anxiety, addiction, and behavioral issues while increasing student performance and physical and emotional well-being.

At Weare Middle School and Center Woods Upper Elementary, there is a different theme each month for social-emotional learning. These themes are introduced and discussed during morning meetings and advisory at every grade level. Themes are woven into student interactions throughout the school day. Our SEL themes for this year are:

September Goal Setting
October Growth Mindset
November Gratitude
December Mindfulness
January Resolving Conflicts
February Respect
March Collaboration
April Positive Thinking
May/June Perseverance

As always, please reach out to one of the school counselors if you think they could benefit from counseling support.

Respectfully,
Paula Oliveira, Chris Beede and Moose

Paula Oliveira paula.oliveira@sau24.org
Chris Beede chris.beede@sau24.org

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Notes from the Nurse

I am reminding parents that whenever your child has their yearly physical to provide a copy to the health office. This provides us with current health information and immunizations. Also, if they want to try out for a sport, they are cleared to participate without having to scramble to get a physical at the last minute.. All students entering 7th grade need the Tdap booster, so it is important to provide us with

documentation once your child has received this vaccine. If we have not received it, we will be calling you to request documentation.

And the COVID Reminder:

If your child has symptoms, these are the steps to follow:

- **Keep your child home from school**
- **Call the school nurse at 529-8015**
- **Acquire a Covid test. We accept PCR, Rapid, or BinaxNOW home tests.**
- Call with results and email documentation: marcia.magdziarz@sau24.org
- Follow instructions from the school nurse for returning to school.

We are continuing to encourage good hand washing, social distancing where possible, and masking.

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Holiday Baskets from Weare Food Pantry

The Weare Food Pantry will be offering Thanksgiving baskets to families in need. Please use this form to sign up for a basket. The deadline to make a request is Sunday November 14.

[Holiday Baskets](#)

If you would like to donate turkeys and other non perishable items to make the food baskets, please [sign up here](#).

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Athletics



Wildcats Basketball sign ups will begin on October 22, 2021 for students in grades 6-8 and close on Thursday November 4. **There will not be any exceptions made for late signups.** Parents may use [this form](#) to sign their student up and give permission to attend tryouts and practices. Tryouts will be held the following week. Times will be communicated to registered athletes and their parents.

Any questions related to athletics can be sent to our athletic director, Kristen Lundeen, kristen.lundeen@sau24.org

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SAU 24 is Hiring!

It takes a community to keep our schools running smoothly. [Visit our website](#) to see our job openings. We are always looking for paraeducators and substitutes.

The Weare Bus Terminal is also looking for drivers! On-site job interviews take place every Wednesday from 10 am - 12 pm. Stop by our location for a walk-in interview and tour!

58 Carding Mill Road, Weare 603-529-4744

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Upcoming Dates - [full calendar can be found here](#)

November 1 - Early Release, dismissal at 11:35

November 2 - No School, Teacher workshop Day

November 8- Picture Retake Day

November 11 - No School, Veterans Day

November 24 - No School, Teacher Conferences, if needed

November 25 & 26 - No School, Thanksgiving Break

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Community News

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Pats Peak 2022 Learn to Ski and Ride

Registration is now open for students in grades 4-8 to register for the ski program. Ski days are on Thursdays beginning January 6 through February 3.

This is not a school-sponsored program, students do not get dismissed early and parents are responsible for transportation from school to the mountain.

To register online: [Pats Peak LTSR](#)

Grades 1-5: cwes2022

Grades 6-12: wmsjssnow2022

Questions??

Grades 1-5: Nancy Pearson 603-491-6467 or nancypearson92@gmail.com

Grades 6-12: Sharon Destefano 603-785-0743 or rstdestefano@aol.com

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The PTO Secretary Position is Open!

The primary duty of the PTO secretary is to take minutes at the Board meetings. Pursuant to the PTO policies, the secretary also prepares the minutes for approval by the group and maintains either hard copy or electronic copies of the minutes.

If you are interested in this position please join us at our next board meeting on 10/24 at 6:30pm via zoom! <https://fb.me/e/1zyL52pgv> Join Zoom Meeting

<https://us02web.zoom.us/j/3918999556?pwd=T0M2cnpzbzJuaWRXbnNISG1Ta1Nkdz09>

Meeting ID: 391 899 9556 Passcode: WEAREPTO

WAC Basketball Registration is now open.

Pre-K (age 4) - 8th grade

To register:

https://weareathleticclub.sportngin.com/register/form/503311086#_ga=2.69550864.1208488718.1631803289-1178885440.1631803288

Any questions please reach out to our Director: Chrissy Coruth

Basketball@weareathleticclub.com