Weare Middle & Center Woods Upper Elementary NEWSLETTER Issue #6/ November 8, 2021

We're scheduling parent-teacher conferences the week of November 8-19 Teachers are preparing materials to share with you about your students' progress. Meetings are approximately 15 minutes long and will take place via Zoom or via telephone.

Look for information from your child's classroom teacher about how to schedule a time with them. Unified Arts teachers will also be available for conferences on November 17th. <u>Click here</u> for more information

At the meeting you'll spend time on an overview of your child's performance, review available assessment data, and collaborate about goals for your child. As always, teachers look forward to collaborating with you about your concerns and your child's growth

Your administration team, Mrs. Hilliard, Mr. Matzke & Mr. Morrill

Knights of Columbus Coat Drive

Before you know it, colder weather will be upon us!

The Knights of Columbus are preparing for their annual coat drive! If you are in need of outdoor winter gear (coat, boots, snow pants) please contact the Health Office,

marcia.magdziarz@sau24.org.

The nurse's office is always looking for donations of clothing and outside winter gear. Please consider donating your outgrown winter items to the school. Thank you.

PUP Default Plans

WMS/CWUES Pickup Patrol Default Plans

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Superintendent's office hours

November office hours with SAU 24 Superintendent Jacqueline Coe will be November 18 from 12-1 pm. The topic: A Day in the Life with guests paraeducators Kami Ulmer (HCS) & Kristen Lundeen (WMS).

These Zoom office hours will be held on the third Thursday of each month at alternating times of noon or 6 PM. To learn more about what is happening in the Henniker, Weare, John Stark, and Stoddard School Districts and to ask questions, please join SAU 24 Superintendent Jacqueline Coe via Zoom @https://bit.ly/2Yx51YJOfficeHours Meeting ID: 821 4229 1994 Passcode: 225191 or Join by phone @ (US) +1 240-623-0475 PIN: 538 949 965#.

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From the Special Education Department

Let's continue our exploration of the different executive function skills and what they look like in children. Emotional control is your ability to manage emotions to achieve goals, complete tasks, or control and direct behavior. An example of emotional control in a young child is when they are able to recover from a disappointment in a short amount of time. In a teenager, it could look like managing the anxiety of a game or test and still being able to perform. Another executive function skill is one's ability to sustain attention. This is an individual's capacity to keep paying attention to a situation or task in spite of distractibility, fatigue, or boredom. In a younger child, this may look like completing a 5-minute chore with occasional supervision, while in a teenager this may look like attending to their homework, with short breaks, for 1 to 2 hours.

The next executive function we'll explore is called task initiation. This is your ability to begin projects without undue procrastination, in an efficient or timely manner. An example of task initiation in a young child is being able to start a chore or task right after instructions are given. In a teenager, it could look like not waiting until the last minute to begin a project for class. Planning/prioritization is one's ability to create a roadmap to reach a goal or to complete a task. It also involves being able to make decisions about what's important to focus on and what's not important. If we are looking at a young child, planning/prioritization could be thinking of options to settle a peer conflict (with some coaching). In a teenager, this could look like formulating a plan to get a job, or planning the steps that need to be taken to complete a large assignment in school. The last executive function we'll look at today is organization. This is your ability to create and maintain systems to keep track of information or materials. A young child can, with a reminder, put toys in a designated place, while a teenager can organize and locate sports equipment.

Next time, we will explore the last four executive functioning skills before looking at some tips to help improve executive functioning and manage weaknesses that we may have.

Ms. Gamache (Director of Special Education for CWUES/WMS)



Notes from the Nurse

Weare Angel Tree Program
Sponsored by
Weare Community School Nurses

The Angel Tree Program is a community help initiative to assist those families needing a little extra help in providing their children with gifts for the holidays. Applications are available from school nurses, or on the website. The deadline for returning applications is Monday, November 15, 2021.

Angel Tree Application

And the COVID Reminder:

If your child has symptoms, these are the steps to follow:

- Keep your child home from school
- Call the school nurse at 529-8015
- Acquire a Covid test. We accept PCR, Rapid, or BinaxNOW home tests.
- Call with results and email documentation: marcia.magdziarz@sau24.org
- Follow instructions from the school nurse for returning to school.

We are continuing to encourage good hand washing, social distancing where possible, and masking.

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Holiday Baskets from Weare Food Pantry

The Weare Food Pantry will be offering Thanksgiving baskets to families in need. Please use this form to sign up for a basket. The deadline to make a request is Sunday November 14. Holiday Baskets

If you would like to donate turkeys and other non perishable items to make the food baskets, please <u>sign up here</u>.

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Athletics

Congratulations to all of our fall Wildcats athletes for a great season. We would like to recognize our Lady Wildcats Field Hockey team for a 4th consecutive Division 2 Championship title. The Lady Wildcats have remained undefeated in their 4 years as an organized sport for Weare Middle School.

We also would like to recognize our 8th grade athletes:

Cross-Country: Rylee Barnard, Kayla Barriere, Yuliana Chavez, Richard Desforges, and Grant Spooner

Boys Soccer: Leland Richman, Avery Grolljahn, James Wilcoxen, Jacob Mussey, Brayden Porth, Kyle Nichols, Myles Morette, Buddy Maxwell

Girls Soccer: Alexis Provost, Eloisa Osgood, Sydney Barrieau, Isabella Donnelly, Katlyn Marquis, Jenna Sinclair

Field Hockey: Claudia Dustin, Kaitlin Dennis, Ava Friberg, Lauryn Guevin, Addyson Pelletier, Isabella Pelletier, Sadie Sargent and Caylin Worthen

Any questions related to athletics can be sent to our athletic director, Kristen Lundeen, kristen.lundeen@sau24.org

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SAU 24 is Hiring!

It takes a community to keep our schools running smoothly. <u>Visit our website</u> to see our job openings. We are always looking for paraeducators and substitutes.

The Weare Bus Terminal is also looking for drivers! On-site job interviews take place every Wednesday from 10 am - 12 pm. Stop by our location for a walk-in interview and tour! 58 Carding Mill Road, Weare 603-529-4744

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Upcoming Dates - full calendar can be found here

November 11 - No School, Veterans Day

November 24 - No School, Teacher Conferences, if needed

November 25 & 26 - No School, Thanksgiving Break

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Community News

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Pats Peak 2022 Learn to Ski and Ride

Registration is now open for students in grades 4-8 to register for the ski program. Ski days are on Thursdays beginning January 6 through February 3.

This is not a school-sponsored program, students do not get dismissed early and parents are responsible for transportation from school to the mountain.

To register online: Pats Peak LTSR

Grades 1-5: cwes2022

Grades 6-12: wmsjssnow2022

Questions??

Grades 1-5: Nancy Pearson 603-491-6467 or nancypearson92@gmail.com Grades 6-12: Sharon Destefano 603-785-0743 or rstdestefano@aol.com

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The PTO Secretary Position is Open!

The primary duty of the PTO secretary is to take minutes at the Board meetings. Pursuant to the PTO policies, the secretary also prepares the minutes for approval by the group and maintains either hard copy or electronic copies of the minutes.

If you are interested in this position please join us at our next board meeting on 10/24 at 6:30pm via zoom! https://fb.me/e/1zyL52pgv Join Zoom Meeting https://us02web.zoom.us/j/3918999556?pwd=T0M2cnpzbzJuaWRXbnNISG1Ta1Nkdz09

Meeting ID: 391 899 9556 Passcode: WEAREPTO